

Corvallis Academy of Ballet Dress Code

Many of our Dress Code items may be purchased at our online storefront, www.shopnimbly.com/CorvallisAcademyofBallet; dancers are not required to shop at our online storefront, or to purchase specific brands and styles of dancewear.

Hair

- Long hair (shoulder-length or longer) must be pulled back off the face and neck in a bun, French twist or other secure updo; long bangs must be pinned away from eyes.
- Short Hair (chin-length) must be securely pinned back off the face; long bangs must be pinned away from eyes.
- For ALL performances and photo shoots, all hair accessories (hair ties, bobby pins, hair nets, etc.) must match the dancer's hair color.

Jewelry

- To prevent dancer distraction and injuries, any jewelry that the dancer wears during classes should be small and minimal: no large, dangly earrings or nose rings (especially hoops), no large rings on fingers.
- Dancers should please leave their necklaces, bracelets, anklets, watches, and Apple watches at home, or store these items in their dance bags before their classes begin.

Dance Undergarments

- Any undergarments that dancers in Ballet I-Ballet VI might need to wear under their dance attire (liner leotards, dance bras, high-cut panties, thongs, or dance belts) should be discreet and ideally match the dancer's skin tone.

Dance Warm-ups/Cover-ups

- If needed, dancers may wear **snug-fitting** leg warmers, leggings, dance shorts, or wrap sweaters over their dance attire **for the first 10 minutes of class only**.
- **NOT Permitted:** Sweatpants, joggers, track or Bermuda shorts, boot-cut or bellbottom jazz pants, baggy shirts & sweaters, puffy vests, jackets, and hoodies
- **Permitted colors for warm-ups/cover-ups:** black, white, pink, gray, or your class level's assigned dress code color. **Solid colors only**- no patterns, graphics, text, etc.
- Warm-ups/Cover-ups must be removed and put away, without prompting from the instructor, after the first 10 minutes of class, except for dancers who need to keep injured body parts warm for the entire class, or dancers who are on their period and want the extra coverage of black dance shorts or leggings.
- Here are examples of acceptable warm-ups/cover-ups that may be worn at CAB:



Preballet I, & Preballet II

- Leotard, Dance Dress (a leotard with an attached skirt), or a snug-fitting dance shirt (tank, short sleeve, or long sleeve)
- Permitted colors for leotards, dance dresses, & snug-fitting dance shirts: pink, black, white, or gray. Solid colors only- no graphics, text, etc.
- Footed Tights, Leggings, or dance shorts that match the dancer's skin tone, or choose theatrical pink or black for your legwear.
- Ballet Slippers that are the same color as tights, leggings, or dance shorts.
- If you are wearing socks with your ballet slippers, socks must be the same color as your ballet slippers.

Ballet I, I Int, II, III, IV, V, VI

- Leotard (any brand & style) or snug-fitting Dance Shirt (tank, short sleeve, or long sleeve) in the assigned class level color, black, white, or gray; ballet skirts may be worn by Ballet IV, V, & VI students during pointe classes.
- Footed or Convertible Foot Tights or Leggings that match the dancer's skin tone or choose theatrical pink or black for your legwear.
- Ballet Slippers, and Pointe Shoes (Ballet IV, V, VI) that match the dancer's tights.
- If you are wearing socks with your ballet slippers, socks must be the same color as your ballet slippers.
- Ballet II, III, & IV students are required to sew ribbons on their ballet slippers, if preparing for pointe work. *Ribbons and Elastics on ballet slippers and pointe shoes must be the same color as ballet slippers, pointe shoes, and tights.*
- "Casual Saturdays": Ballet IV, V, & VI students may wear any color leotard or snug-fitting dance shirt for their Saturday classes. Students may also wear any color for their dance warm-ups/cover-ups on "Casual Saturdays," but all other dress code guidelines for these articles of clothing still apply (please see the "Dance Warm-ups/Cover-ups" section of this dress code).

Adult Ballet

- Same as the Ballet I-VI classes, or snug-fitting athletic/active wear.
- Ballet slippers, Jazz Shoes, Dance Paws, or non-skid socks are permitted.

Character Dance

- Same as the Ballet I-VI classes
- Black character dance shoes with a 1"-3" heel, or black jazz shoes.
- Black knee-length full circle skirt; Int/Adv class will occasionally need a ballet skirt.

Modern Dance & Chinese Dance

- Any solid-color leotard, unitard, or snug-fitting dance shirt (any brand and style).
- Footless Tights, Leggings, or Dance Shorts that match the dancer's skin tone or are black. No bright colors, patterns, etc., for legwear.
- Dance Paws or Ballet Slippers that match the dancer's skin tone are permitted, if the dancer does not want to or is not able to dance barefoot (Modern Dance)
- Any color Ballet Slippers or Jazz Shoes for Chinese Dance

Assigned Class Level Colors, Ballet I-Ballet VI

Ballet I & Ballet I Intermediate: Light Pink

Ballet II: Light Purple, Lavender, Lilac

Ballet III: Light Blue

Ballet IV: Dark Pink, Mulberry, Fuchsia

Ballet V: Dark Purple, Plum, Grape

Ballet VI: French Blue, Navy Blue

Online and Brick & Mortar Dancewear Retailers

Corvallis Academy of Ballet Online Storefront: www.shopnimbly.com/CorvallisAcademyofBallet

www.DiscountDance.com

www.dancesupplies.com

www.DancewearSolutions.com

www.dancejox.com

Dance Togs
3835 SW Hall Blvd
Beaverton, OR 97005
503-644-7545/800-841-5321
www.dancetogs.net

Dancer's Closet
576 Olive St.
Eugene, OR
www.dancersclosetineugene.com

Portland Dancewear
Greenburg Corners
9225 SW Hall Boulevard
Portland, OR 97223
www.portlanddancewear.com

The Leotard
2432 NE Martin Luther King Jr Blvd
Portland, OR 97212
www.theleotard.com

The Glass Slipper
116 NW Second Street
Corvallis, OR
541-752-1044

The Dance Store
1127 Broadway St NE #145
Salem, OR 97301